



Graz'n Acres Therapeutic Riding Center  
14492 Ivor Road  
Sedley, VA 23878  
Office: (757) 653-9615 Fax: (757) 653-0219  
Email: [craiford@graznaces.org](mailto:craiford@graznaces.org)  
[www.graznaces.org](http://www.graznaces.org)



Date: \_\_\_\_\_

Your patient, \_\_\_\_\_ is interested in participating in supervised equestrian activities. In order to safely provide this service, our therapeutic riding center requests that you complete below and the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to therapeutic horseback riding. Therefore, when completing the 2<sup>nd</sup> page, please note whether these conditions are present and to what degree.

**Orthopedic**

Atlantoaxial Instability  
Coxa Arthrosis  
Cranial Defects  
Heterotopic Ossification/Myositis Ossificans  
Joint Subluxation/dislocation  
Osteoporosis  
Pathological Fractures  
Scoliosis / Lordosis / Kyphosis  
Spinal Fusion/Fixation/Orthoses  
Spinal Instability/Abnormalities

**Neurological**

Hydrocephalus/Shunt  
Paralysis due to Spinal Cord Injury  
Hydrocephalus/Shunt  
Seizure Disorder  
Spina Bifida/Chiari II Malformation  
Tethered Cord/Hydromyelia

**Other**

Age – less than 4 years  
Indwelling catheters  
Medications – i.e. photosensitivity  
Poor Endurance  
Skin Breakdown

**Medical/Psychological**

Allergies  
Animal Abuse  
Abuse - Physical/Sexual/Emotional  
Behavior Problems  
Blood pressure control  
Cancer  
Dangerous to self or others  
Diabetes  
Exacerbation of medical condition  
Fire Settings  
Heart Condition / Hypertension  
Hemophilia  
Medical Instability  
Migraines  
Peripheral Vascular Disease (PVD)  
Respiratory Compromise  
Recent Surgeries  
Stroke (Cerebrovascular Accident)  
Substance Abuse  
Thought Control Disorders  
Weight Control Disorder

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in therapeutic equine activities, please feel free to contact the center at the address/phone indicated above.

*Cyndi Raiford*

Cyndi Raiford  
Director / Lead Instructor



# Participant's Medical History and Physician's Statement

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Address: \_\_\_\_\_ Age: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_  
 Past/Prospective Surgeries: \_\_\_\_\_  
 Medications: \_\_\_\_\_  
 Seizure Type: \_\_\_\_\_ Controlled: Y N Date of last Seizure: \_\_\_\_\_  
 Shunt Present: Y N Date of last revision: \_\_\_\_\_  
 Special Precautions/Needs: \_\_\_\_\_

Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N

Braces/Assistive Devices: \_\_\_\_\_

Tetanus Shot: Y N Date: \_\_\_\_\_

**DOWN SYNDROME Diagnosis:** Neurological Symptoms of Atlantoaxial Instability: \_\_\_\_\_ Present \_\_\_\_\_ Absent  
 AtlantoDens Interval X-Ray: Date: \_\_\_\_\_ Result: Pos. Neg.

*Please indicate current or past special needs in the following systems/areas, including surgeries. These conditions may suggest precautions or contraindications to equine activities.*

Areas	Yes	No	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

Given the above diagnosis and medical information, this person is not medically precluded from participation in Equine Assisted Activities. I understand that the PATH Intl. center will weigh information given against the existing precautions and contraindications. Therefore, I refer this person to the PATH Intl. center for ongoing evaluation to determine eligibility for participation.

Name/Title: \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_ (01/13)





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### ADULT RIDER RELEASE AGREEMENT

I/We, the undersigned, for and in consideration of the agreement of the **Graz'n Acres Therapeutic Riding Center**, to provide therapeutic riding or driving instruction to said person, do/does hereby forever release, acquit, discharge, and hold harmless the **Graz'n Acres Therapeutic Riding Center, and Graz'n Acres Farm**, its officers, trustees, agents, owners, employees, representatives, successors, and assigns, for all manner of claims, demands, and damages of every kind and nature whatsoever, which the undersigned may now or in the future have against **Graz'n Acres Therapeutic Riding Center, and Graz'n Acres Farm**, its officers, trustees, agents, owners, employees, representatives, successors, or assigns on account of any personal injuries, physical or mental condition, known or unknown, to the person, and the treatment thereof, as a result of, or in any way growing out of the acts of the **Graz'n Acres Therapeutic Riding Center, and Graz'n Acres Farm**, its officers, trustees, agents, owners, employees, representatives, successors, or assigns, including but not limited to their negligence or gross negligence, in rendering the services above described or in any way incidental thereto.

I acknowledge and understand the risks and potential risks of horseback riding including, but not limited to: 1) The propensity of an equine to behave in dangerous ways which may result in injury or death to the participant or damage to property; 2) The inability to predict an equine's reaction to sound, movements, objects, persons or animals; 3) Hazards of surface or subsurface conditions whether known or unknown. However, I feel the possible benefits to myself are greater than the risks assumed.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_.

\_\_\_\_\_  
NAME (Please Print)

\_\_\_\_\_  
SIGNATURE





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## STUDENT PHOTOGRAPH RELEASE FORM

For valuable consideration given and which is hereby acknowledged, the undersigned hereby grants to the **Graz'n Acres Therapeutic Riding Center** permission to take or have taken still and moving photographs and films, including but not limited to television pictures of myself or our/my (son/daughter/ward) \_\_\_\_\_, and consents and authorizes the **Graz'n Acres Therapeutic Riding Center** and its advertising agencies, news media, and any other persons interested in the **Graz'n Acres Therapeutic Riding Center** and its work to use and reproduce the photographs, films and pictures and to circulate and publicize the same by all means including without limiting the generality of the foregoing newspapers, television media, brochures, pamphlets, instructional materials, books and/or clinical materials.

With respect to the foregoing matters, no inducements or promises have been made to us/me to secure our/my signature(s) to this release other than the intention of the **Graz'n Acres Therapeutic Riding Center** to use or cause to be used such photographs, films and pictures for the primary purpose of promoting the **Graz'n Acres Therapeutic Riding Center** and its work.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_.

\_\_\_\_\_  
 PARTICIPANT / PARENT / GUARDIAN

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### NON-CONSENT FOR PHOTOGRAPHS

For reasons that I am not obligated to disclose, **I DO NOT GIVE CONSENT** for photographs, either still or moving, or any television or news media, to be taken of myself or our/my (son/daughter/ward) \_\_\_\_\_, by the **Graz'n Acres Therapeutic Riding Center** or any persons working on behalf of said center. I understand that a **RED DOT** will be placed on the record kept in the administrative offices of the center which will designate the photographs are not allowed of said person.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_.

\_\_\_\_\_  
 PARTICIPANT / PARENT / GUARDIAN





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## Participant's Consent for Release of Information

I hereby authorize \_\_\_\_\_  
(person or facility)

To release information from the records of: \_\_\_\_\_ DOB: \_\_\_\_\_  
(participant's name)

The information is to be released to: **Graz'n Acres Therapeutic Riding Center**

For the purpose of developing an equine activity program for the above named participant. The information to be released is indicated below:

- Medical History
- Physical therapy evaluation, assessment and program plan
- Speech therapy evaluation, assessment and program plan
- Mental Health diagnosis and treatment plan
- Individual Habilitation Plan (IHP)
- Classroom Individual Education Plan (IEP)
- Psychosocial evaluation, assessment and program plan
- Cognitive-behavioral management plan
- Other: \_\_\_\_\_

This release is valid for one year and can be revoked, in writing, at my request.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Relation to Participant: \_\_\_\_\_

Please fax or send materials to above address.





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## AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Participant

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Facility: \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Allergies to medications: \_\_\_\_\_

Current Medications (include over the counter): \_\_\_\_\_

Allergies: \_\_\_\_\_

In the event of an emergency, contact:

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, assisting the center, or while being on the property of the center, I authorize the Graz'n Acres Therapeutic Riding Center to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

### Consent Plan

This authorization includes x-ray, surgery, hospitalization, medication, and any treatment procedure deemed "life saving" by the physician. The provision will only be invoked if the person below is unable to be reached.

Date: \_\_\_\_\_ Consent Signature: \_\_\_\_\_

Participant (if over the age of 18), Parent or Guardian

### Non-Consent Plan

I **do not** give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of the center. In the event emergency treatment/aid is required, I wish the following procedure to take place:

\_\_\_\_\_  
 \_\_\_\_\_

Date: \_\_\_\_\_ Consent Signature: \_\_\_\_\_

Participant (if over the age of 18), Parent or Guardian





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## Student Health History

### General Information:

Name: \_\_\_\_\_  
 DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: M F  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Alternative: \_\_\_\_\_  
 School/Employer \_\_\_\_\_  
 Parent/Legal Guardian's Name: \_\_\_\_\_  
 Address (if different): \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Caregiver (if applicable): \_\_\_\_\_  
 Phone: \_\_\_\_\_

### Health History:

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

*Please indicate current or past special needs in the following areas:*

	Y	N	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies			

**Medications** (include prescription, over the counter; name dose and frequency): \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



*Describe your abilities/difficulties in the following areas (include assistance required or equipment needed):*

**Physical Function:** (i.e. Mobility Skills such as transfers, walking, wheelchair use, driving/bus riding)

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**Psycho / Social Function:** (i.e. Work/School including grade completed, leisure interests, relationships-family structure, support systems, companion animals, fears/concerns, etc.)

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**Goals:** (i.e. Why are you applying for participation? What would you like to accomplish?)

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Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Participant (if over 18), Parent or Legal Guardian



# PROTECTIVE EQUESTRIAN HEADGEAR AGREEMENT AND RELEASE [TO BE COMPLETED WHEN RIDER WEARS HELMET OFFERED BY THIS PROVIDER]

Graz'n Acres Therapeutic Riding Center

**Provider's name - hereinafter known as "This Provider"**

Location: Graz'n Acres Farm 14492 Ivor Road Sedley, VA 23878

## PLEASE READ CAREFULLY BEFORE SIGNING

PRINT NAME OF STUDENT: \_\_\_\_\_

ADDRESS OF STUDENT: \_\_\_\_\_

This **Provider** has offered and provided, at my request, an equestrian helmet that meets or exceeds SEI certification - **ASTM F 1163** standards for use when riding or near horses.

I, for myself and on behalf of my child and/or legal ward, heirs, administrators, personal representatives or assigns, release and discharge This Provider and their respective officers, directors, employees, agents, representatives, insurers, assigns, and others acting on their behalf, of and from all claims, demands, or causes of action, whether the same be known or unknown, anticipated or unanticipated, resulting from or arising out of bodily injury or property damage that may be sustained, or property damage which may occur, as a result of the use of the helmet provided.

I also understand that neither **This Provider**, nor its employees can guarantee the suitability of any helmet provided.

**SIGNER STATEMENT OF AWARENESS**  
**IWE, THE UNDERSIGNED, HAVE READ THE FOREGOING STATEMENT**  
**CAREFULLY BEFORE SIGNING AND DO UNDERSTAND ITS WARNINGS,**  
**ASSUMPTION OF RISK, AND RELEASE OF LIABILITY.**

\_\_\_\_\_  
SIGNATURE OF STUDENT (ADULTS ONLY) DATE \_\_\_\_\_

\_\_\_\_\_  
SIGNATURE OF PARENT or LEGAL GUARDIAN FOR \_\_\_\_\_ DATE \_\_\_\_\_  
NAME OF STUDENT (PLEASE PRINT)

\_\_\_\_\_  
SIGNATURE OF PARENT or LEGAL GUARDIAN FOR \_\_\_\_\_ DATE \_\_\_\_\_  
NAME OF STUDENT (PLEASE PRINT)

OWNERS NAME  
AND ADDRESS Cyndi M.A. Raiford, Executive Director OWNERS PHONE (757) 653-9615

Graz'n Acres Therapeutic Riding Center OWNERS PHONE \_\_\_\_\_

14492 Ivor Road Sedley, VA 23878





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## SESSION POLICY AND PROCEDURES (Effective 1 January 2013)

Graz'n Acres TRC goal is to maintain a high quality therapeutic riding and driving program. The policies and procedures below have been created to help us serve everyone better and to also ensure all aspects of our organization run smoothly and efficiently. We welcome any and all input from participants, their parents and legal guardians concerning changes to our policies and procedures.

1. Participants should arrive before the starting time of a lesson to ensure adequate time for fitting a riding helmet, using the restroom, etc. Any participant more than 10 minutes late for a lesson will not be permitted to ride or drive that day. A short barn lesson will be provided instead.
2. Participants should wear long pants. A shoe/boot with a heel is preferable to tennis shoes. Helmets are provided by the center meeting ATSM-SEI certification.
3. Barn lessons on horsemanship skills are an important part of the overall horse education. Barn lessons will be held during inclement weather in lieu of riding/driving. For extremely severe weather, such as tornadoes, hurricanes, snow storms, etc., a make-up lesson will be held at a later date. Barn lessons may also be held due to horse injuries/sickness, excessive heat or lack of volunteers for the night.
4. **Tuition fees for the entire session are due and payable before the start of the session.** A typical session will be eight (8) weeks and tuition is \$200.00. **An administrative fee of \$40.00 is charged for any student canceling a session once scheduled.** This is to avoid last minute cancellations or no shows that prevent us from including another student from our growing waiting list.
5. All lessons are private at this time. All private lessons will last approximately 25-30 minutes.
6. Makeup lessons may be provided for illness or emergencies if advance notice is provided and if it is possible to reschedule. If the center cancels a lesson, make-up lessons will be provided. It is very difficult to schedule make-up lessons because of the number of participants we serve and our volunteers have other time commitments. If a participant is absent for a scheduled lesson for reasons other than illness or emergencies and/or advance notice (24 hours) is not provided, make-ups will not be given. Those participants missing more than three lessons of the session with non-medical reasons will be canceled for the rest of the session. We ask that you please notify us of last minute emergencies as soon as possible.
7. Pets are not allowed on the center premises at any time due to safety concerns.
8. Due to the nature of therapeutic riding and driving and the need to ensure the health and soundness of our older horses, instructor and volunteers, weight of a rider is considered a safety issue. We encourage families to talk with the instructor if there is a concern and welcome input. Driving is an option for those we cannot safely mount and ride.
9. Those participants on the waiting list will be included as soon as possible. Every attempt will be made to allow the influx of new participants to the center for each session.